



# MANITOBA ARES ACTIVITY LOG



**Location:** \_\_\_\_\_ **Incident:** \_\_\_\_\_ **Date:** \_\_\_\_\_

*Start a New Page Every Day*

DD/MM/YYYY

Local Time	Rx From	Tx To	Message #	Remarks

Log messages Tx or Rx, # if applicable, station open/close, operators on/off duty (and initial), requests to/from NCS, unusual occurrences, etc  
Completed logs must be submitted to Local ARES EC